NSW HEALTHY SCHOOL CANTEEN STRATEGY

Purpose: To educate our students and thus the wider community about healthy food choices and physical activity. The canteen can model healthier food choices that are tasty, interesting and affordable.

Date: March 2010

Aims:

- To encourage the development of good eating habits consistent with the Australian Dietary Guidelines for Children and Adolescents
- To provide a variety of food and drinks recommended by the NSW School Canteen Association and in line with the NSW Government’s Fresh Tastes @ School Canteen Menu Planner.
- To provide students with practical learning experiences about making healthy food choices that reinforce classroom teaching on nutrition and physical activity.
- To involve students and parents in decision making.
- To demonstrate high standards of food safety and hygiene in relation to the preparation, storage and serving of food at the canteen consistent with the national Food Safety Standard.
- To provide a financial contribution towards resources for all students in the school.
- To provide students with the opportunity to enjoy a canteen experience similar to larger schools.
- To develop an appreciation of the social, ethnic, cultural and nutritional aspects of foods.

Implementation:

- The Stuarts Point P&C will manage the school canteen.
- The canteen committee will be responsible for operating the canteen in accordance with this policy and its supporting documents.
- The P&C must approve all canteen capital purchases exceeding $500 by a majority vote.
- The Canteen Committee shall present a report to the annual general meeting of the Stuarts Point P&C.
- The P&C body shall have the right to reorganise, disband or close the committee. Such decisions are to be supported by majority vote at a general or special meeting. The school community must be given at least seven days notice in writing.
- A current copy of this policy and supporting documents will be in the P&C area.
- A copy of the current canteen policy will be given to all canteen committee members.

Evaluation:

- In consultation with parents and students the healthy canteen policy will be reviewed in line with cyclic management to ensure that it is being used to enhance student healthy eating practices.

Policy:

*Fresh Tastes NSW Healthy School Canteen Strategy,*
NSW Dept Health and NSW Department of Education and Training 2004